



# 2009 USATF Eastern Zone Junior Olympic Indoor Track & Field Championships

New Balance Track & Field Center  
216 Fort Washington Avenue  
New York, NY 10032

## **Sanctioned Event**

**Sponsored By:** USATF Northeast

**CO-Meet Directors:** Tonja Stevens & Lionel Leach

**Location:** New Balance Track & Field Center  
216 Fort Washington Avenue  
New York, NY 10032

Starting Time: 2:00 pm

Age Divisions: Sub-Bantam Girls/Boys (2001 & after)  
Bantam Girls/Boys (1999-2000)  
Midget Girls/Boys (1997-1998)  
Youth Girls/Boys (1995-1996)  
Intermediate Girls/Boys (1993 -1994)  
Young Men/Woman (1991-1992)

Note: Sub-Bantam through Midget athletes are allowed to compete in three (3) events including relays. Youth and above are allowed to compete in (4) events including relays.

**Eligibility:** 2009 Membership in USA Track & Field is required. Birth verification required. In order to run a relay, athlete must be a member of the same participating club or organization which must be a current member in 'good standing' with USATF.

**Entry Fees:** \$8.00 per event- 32.00 per relay (4 to 6 athletes)

**Registration:** Entries will be processed by USATF. No mail in or faxed registrations will be accepted. No day of meet entries. Any questions can be emailed to [stevens@youthusatf.org](mailto:stevens@youthusatf.org) or by calling (412)716-3686.

**Deadline:** All entries must be received by March 5, 2009.

**Rules:** In accordance with 2009 Competition Rule Book. Only competing athletes will be permitted on the track or infield area, except for medical emergencies.

## Events Offered (Meters)

	Sub-Bantam	Bantam	Midget	Youth	Int.	Young men/woman
Events	G/B	G/B	G/B	G/B	G/B	G/B
55	x x	x x	x x	x x	x x	x x
200	x x	x x	x x	x x	x x	x x
400	x x	x x	x x	x x	x x	x x
800	x x	x x	x x	x x	x x	x x
1500	---	x x	x x	x x	x x	x x
3000	---	---	x x	x x	x x	x x
55 Hur	---	---	x x	x x	x x	x x
4x200	x x	x x	x x	x x	x x	x x
4x400	---	x x	x x	x x	x x	x x
LJ	x x	x x	x x	x x	x x	x x
TJ	---	---	---	x x	x x	x x
HJ	---	x x	x x	x x	x x	x x
PV	---	---	---	x x	x x	x x
Shot Put	x x	x x	x x	x x	x x	x x
1500RW	---	x x	x x	x x	x x	x x

**Running Events:** All running events will be conducted as timed final, except the 55-meter dash and hurdles which will have trials and finals. All relay team members must wear a top and shorts of the same color. Events will run girls first except for the hurdles, which will run boys first.

**Filed Events:** All competitors in the fields will be given three attempts with the top six advances to the finals. All throwing implements will be certified prior to use.

**Protest:** All protest must be made in writing to the referee not later than 30 minutes after the results of an event has been announced. Proper rule must be cited.

**All Protest:** must be accompanied by a 50.00 cash deposit. Deposit will be refunded if protest is upheld/forfeited if denied.

**Check-in:** Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area.

Field event athletes must report to the official in charge of their Event.

Athletes must report to their field event within 5 minutes of competition of their running event or before the event has finished.

**Additional Info:** Call (412)716-3686 or email @ [stevens@youthusatf.org](mailto:stevens@youthusatf.org) or go to [www.youthusatf.org](http://www.youthusatf.org).